

What will I need when I am in the hospital?



On the way to the hospital, remember that for the best care of your newborn, you need:

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|---|---|
| <input type="checkbox"/> - 6 bodies (O)* | <input type="checkbox"/> - Pacifier (R) |
| <input type="checkbox"/> - 4 pajamas (O)* | <input type="checkbox"/> - Natural sponge (R) |
| <input type="checkbox"/> - 2 caps (O)* | <input type="checkbox"/> - Natural bristle brush (R) |
| <input type="checkbox"/> - 2 pairs of socks (O)* | <input type="checkbox"/> - Huslins (R) |
| <input type="checkbox"/> - Nail file (R) | <input type="checkbox"/> - Sterile gauzes (R) |
| <input type="checkbox"/> - Cotton or wool blanket to wrap the baby
(Depending on the season) (R) | <input type="checkbox"/> - Paper carrier (E) |
| <input type="checkbox"/> - Newborn size disposable diapers (R) | <input type="checkbox"/> - Holdall for the small things (R) |
| <input type="checkbox"/> - Wet wipes (R) | <input type="checkbox"/> - Towel cap (O) |
| <input type="checkbox"/> - Moisturizing body cream (E) | <input type="checkbox"/> - Dirty clothes bag (R) |
| <input type="checkbox"/> - Bottom cream (E) | <input type="checkbox"/> - Set new born when leaving the hospital (E) |
| <input type="checkbox"/> - Physiological serum (R) | <input type="checkbox"/> - Car seat for transfer home (E) |
| <input type="checkbox"/> - 2 bibs (E) | <input type="checkbox"/> - Suitcase for everything (E) |

** Always before going to the hospital find out if they are going to give you clothes or not. If they're not going to do this, then the bodies, pajamas, hats and socks go from Optional to Essential.*



And for your convenience, in the hospital, in the first few days after delivery, you need:

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|---|--|
| <input type="checkbox"/> - 2 pairs of nightgowns (R)
(recommended front fastening if you want to breastfeed) | <input type="checkbox"/> - Moisturizing hand cream (E) |
| <input type="checkbox"/> - 2 postpartum panties (R) | <input type="checkbox"/> - Gum of hair (R) |
| <input type="checkbox"/> - Disposable pads (R) | <input type="checkbox"/> - Suitcase for everything (E) |
| <input type="checkbox"/> - Toilet bag with your personal hygiene items (E) | <input type="checkbox"/> - Vaseline lips (E) |
| <input type="checkbox"/> - 2 nursing bras to breastfeed the baby (O) | <input type="checkbox"/> - Comfortable and easy slippers to put on (E) |
| <input type="checkbox"/> - Protective discs (O) | <input type="checkbox"/> - Shower flip flops (R) |
| <input type="checkbox"/> - Comfortable clothes for leaving the hospital (E) | <input type="checkbox"/> - Socks (E) |
| | <input type="checkbox"/> - Phone charger (R) |
| | <input type="checkbox"/> - Battery or external cable (O) |

(E) Essential
(R) Recommended
(O) Optional